

Breakfast

PTARMIGAN CONTINENTAL BUFFET

☞ Oatmeal and Cold Cereal ☞

☞ Flathead Lake Cherries, Dried Fruit, Nuts, Fresh Berries, Cacao Nibs, Brown Sugar ☞

☞ Milk, Soy Milk, Almond Milk ☞

☞ Muesli, Greek Yogurt, Fresh Fruit ☞

☞ Freshly Baked Pastries, Toast ☞

☞ Juice, Tea, Coffee, Milk, Soft Drinks ☞

Adults - \$14.75

Children - \$9.50

PTARMIGAN GRAND BREAKFAST BUFFET

OUR CONTINENTAL BUFFET, PLUS:

☞ French Toast, Butter, Maple Syrup ☞

☞ Scrambled Eggs and Eggs Du Jour ☞

☞ Bacon and Sausage ☞

☞ Hash Brown Potatoes ☞

☞ Biscuits and Sausage Gravy ☞

Adults - \$22.25

Children - \$13.50

Add a Mimosa - \$12.50

Beverages

COFFEE \$3.95

*Organic Trailblazer Regular and Decaf,
Montana Coffee Trader, Whitefish Montana*

TEA \$3.95

*Galloping Green, Black Cinnamon Bear, Patty's Irish
Breakfast, Huckleberry, Bright Montana Morning,
Peace of the Park, Tumblewood Tea, Big Timber Montana*

MILK \$3.95

2%, Skim, Soy or Almond +\$.55

Make them chocolate \$.50

JUICE \$3.95

Orange, Apple, Cranberry

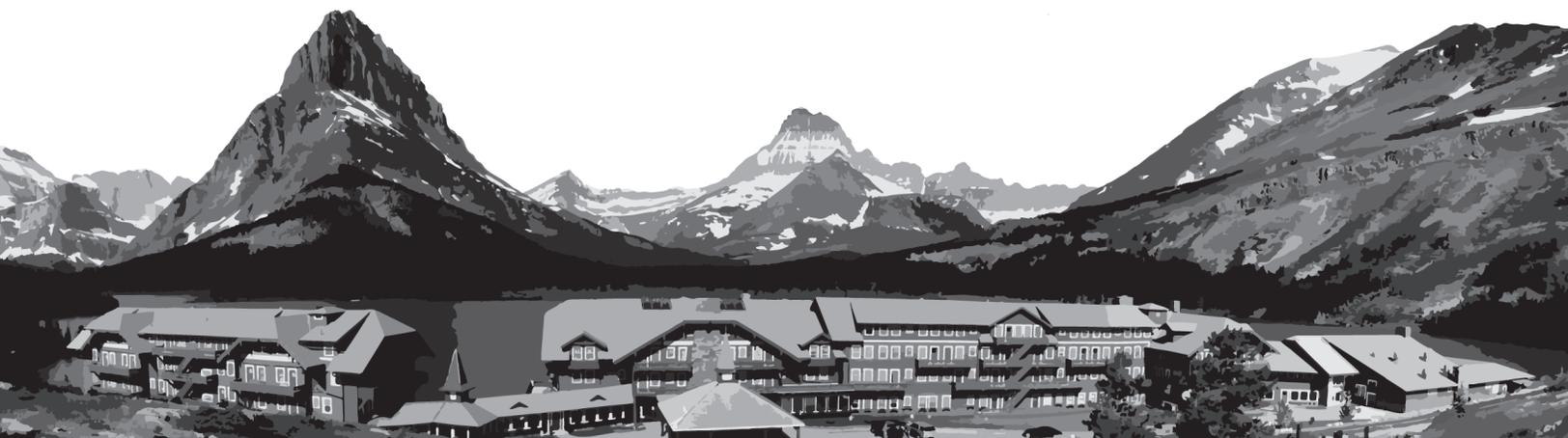
SODA \$3.95

*Barq's Root Beer, Fanta Orange,
Coke, Diet Coke, Sprite, Coke Zero*

ICED TEA OR LEMONADE \$3.95

HUCKLEBERRY LEMONADE \$4.50

MOUNTAIN BLAST POWERADE \$3.95



Entrées

TWO EGGS SCRAMBLED \$12.95

Hash Brown Potatoes, Toast, Choice of Bacon or Sausage

FRENCH TOAST \$10.25

Whipped Butter, Maple Syrup

VEGAN TOFU SCRAMBLE \$11.25

Spinach, Mushrooms, Soy Cheese, Breakfast Potatoes, Toast



Fat - 12g ♦ Carbs - 166g ♦ Calories - 435 ♦ Protein - 14g ♦ Sodium - 297mg

PTARMIGAN PARFAIT \$10.25

Greek Yogurt, Muesli, Fresh Berries, Cacao Nibs



Fat - 22g ♦ Carbs - 57g ♦ Calories - 547 ♦ Protein - 30g ♦ Sodium - 88mg

Substitute Coconut Yogurt

MUESLI \$9.40

Fresh Berries, Milk

OATMEAL* \$7.50

Milk, Brown Sugar, Raisins



Fat - 6g ♦ Carbs - 57g ♦ Calories - 324 ♦ Protein - 14g ♦ Sodium - 92mg

COLD CEREAL WITH MILK* \$5.00

*Substitute Soy Milk or Almond Milk - \$1.00

À la Carte

GREEK YOGURT

\$4.75

BACON OR SAUSAGE

\$5.25

HASH BROWN POTATOES

\$4.25

BLUEBERRY MUFFIN

\$6.00

TOAST OR
ENGLISH MUFFIN

\$3.50

FRESH FRUIT SALAD

\$5.25



*Fat - 0g ♦ Carbs - 16g ♦ Calories - 63
Protein - 1g ♦ Sodium - 16mg*



HEALTHIER CHOICE



GLUTEN-FREE